SUMMARY

The purpose of this research was to examine the Effect of the Value Based Intervention Program on the Self Concept and Emotional Intelligence of adolescents. It was experimental in nature and pretest-posttest experimental control group design (matched) was used. The study was conducted on the sample N=240. 2x2 ANOVA was also used to check the significant interaction between groups (value program) and gender as well as locale on the gain scores of Self Concept as well as Emotional Intelligence of adolescents. The value based intervention program based on “Touch the Light” published by Youth Wing, Rajyoga Education & Research Foundation and Prajapita Brahma Kumari Ishwariya Vishwa Vidyalaya Pandav Bhavan, Mount Abu, Rajasthan (2007), was applied on experimental group for 42 sessions. The Self Concept Questionnaire (2011) by Sarswat was used to assess the self concept and Emotional Intelligence Scale (2012) by Hyde, Pethe and Dhar was used to measure the emotional intelligence. At the end, it was observed that the experimental group’s self concept and emotional intelligence enlarged from the pre-test towards the post-test and, that enhanced at a significant pace compared to control group ‘self-concept and emotional intelligence. VBIP has equivalent effect on boys and girls in developing their self concept and emotional intelligence. After the completion of VBIP, experimental group gave favorable reactions towards the effectiveness of program. Consequently, VBIP should be integral part of curriculum for creating congenial environment to develop a balanced personality of adolescents.