SUMMARY

The study titled "SELF ESTEEM IN RELATION TO LONELINESS INTERNET ADDICTION AND DEPRESSION AMONG ADOLESCENTS" was conducted on 400 adolescents drawn from 10 Government Model Senior Secondary Schools of Chandigarh. Descriptive survey method was used to conduct the study. Multistage random sampling method was adopted to collect the data from 400 adolescents in the age group of 15-18 years studying in 9th to 12th grades. The research findings of the study revealed that majority of male adolescents are characterized with high self esteem, low loneliness, high internet addiction and low depression whereas females with low self esteem, high loneliness, low internet addiction and high level of depression. Loneliness, Internet Addiction and Depression were significant predictors of Self Esteem. The result findings can be effectively used by parents, teachers, school authorities, policy makers and administrators in shaping the self esteem of adolescents which indirectly contributes towards building up their persona.